



PRICING

**PLEASE CALL (702) 983-4898 OR VISIT
WWW.TRAINERJO.COM TO GET STARTED**

Just training: 55 min sessions (No nutrition)

- \$60 for 1 session
- \$290 for 5 sessions (\$58/ea)
- \$550 for 10 sessions (\$55/ea)
- \$2500 for 50 sessions (\$50 ea)

Just cardio//training: 30 min sessions (no nutrition)

- \$45 for 1 session
- \$550 for 10 sessions (\$43/ea)
- \$800 for 20 sessions (\$40/ea)
- \$1750 for 50 sessions (\$35/ea)

Training + basic fitness nutrition **MOST POPULAR**

- \$75 per session
- \$365 for 5 (\$73/ea)
- \$700 for 10 (\$70/ea)
- \$1300 for 20 (\$65/ea)
- \$3000 for 50 (\$60/ea)

Basic Unlimited Training . **BEST VALUE**

- Requires a 3-6 month contract commitment on EFT
- No rollovers, non transferrable, non-sharable
- **No Nutrition**
- **No last minute scheduling or cancellations**
- 55 minute sessions
 - **\$550/month** to month EFT or **\$300/bimonthly** (every 2 weeks) EFT



Gym Access Separate but required

- Anytime Fitness on E. Windmill @ Bermuda in Silverado Ranch
- \$39 - \$59/month + registration fee (allows access to all Anytime Fitness facilities worldwide)

In-home Rates

- 1 session = \$120 each
- 10-20 sessions = \$100 each
- 20+ sessions = \$90 each
- (89123 residents save 15%)

DNA_{fitt} Starter Plan \$200

- Starter diet will be assigned to you until results come in
- Takes 4-8 weeks for results.
- \$150/month thereafter for online diet/workout program based off your DNA results
- Add the Jumpstart Program for an additional \$300 and get the Bodykey supplement line & unlimited dairy adjustments

The DNA_{fitt} Platinum 90 Day Program \$3000

The DNAfitt Jumpstart Program + 3x 55 min. personal training sessions a week and the supplements delivered monthly. Meal delivery available, prices vary depending on meal sizes, number of meals ordered and location.